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Christmas Egnog Recipe: How Do You Make Egnog? 5 Ways To Add Alcohol To The Holiday Beverage

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By **Maria G. Valdez** Dec 21 2016, 12:07AM EST

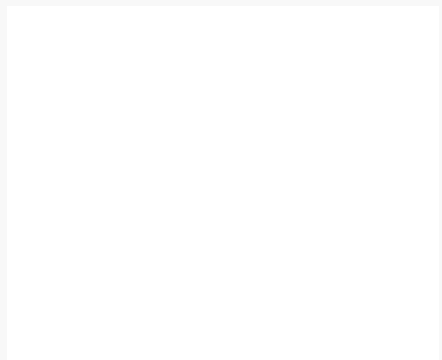


Five eggnog recipes that will make your Holidays even better! Shutterstock

Christmas is almost here! It's the time to enjoy with family, friends and loved ones. On this day we all get together and celebrate happily, cheerfully, and joyfully. It's the moment we share with the people we care about, gather around the Christmas tree, exchange presents, listen to festive music and maybe sing along to it, bake, cook, [enjoy the meal](#), kiss under a mistletoe, and of course, what's Christmas without a few drinks to get things started? In fact, in my country, the whole month of December was dubbed "Bebiembre" or "Drink-ember" so it's only natural that I bring you a few recipes to one of Christmas' staple drinks: eggnog.

Egnog is [originally a British drink](#). Some think it may have developed from "posset," a medieval European beverage made with hot milk. The term "nog" might have come from the word "noggin," a Middle English term for a small, carved wooden mug used to serve alcohol. Egnog was popularly mixed with brandy, Madeira or sherry, but during the 18th century, when the drink crossed the

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Atlantic to the English colonies, brandy was heavily taxed, so an alternative to it was using Caribbean rum, a cost-effective substitute, that made the drink widely popular in the Americas. However, during the American Revolutionary War, the rum supply was reduced, so bourbon became another substitute for the alcohol in the eggnog.

So basically, the difference between an "American eggnog" and a "Latin American eggnog" is the liquor. I personally will buy a carton of eggnog in the grocery store and mix it with a little Brugal (Dominican rum). However, if you're more skilled in preparing food and drinks, and want to give your guests a taste of your mixologist abilities, we've gathered up a few eggnog recipes in all shapes and sizes and tastes. For example, take [Maker's Mark recipe](#), adding the famous bourbon to the mix. Or maybe [TheBar.com's recipe](#), with an interesting mix of Bailey's and Whiskey. Chow.com also offers what they call the "[finest eggnog recipe](#)" and it mixes bourbon, Cognac or brandy and dark rum.

The [Food Network has a simpler yet equally tasty recipe](#), the "traditional" one you could say, and the best part is that you can make it in 15 minutes. And if you think maybe eggnog is way too much for some of your guests, Colleen Graham on About.com offers a "[White Christmas](#)" recipe, a different approach of this Holiday drink that only takes minutes to make, and will appeal to a very picky audience. The cool thing about this one is that you can make your own eggnog from the previous recipes, or buy it at the grocery store. Please be aware that if you live in the United States, you need to be over 21 to prepare these drinks. I hope these easy recipes make your Holidays even better and that your eggnog making skills wow your guests! Merry Christmas!

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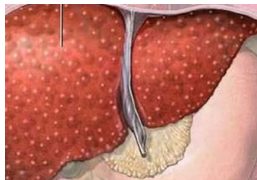
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Born and raised Dominican living in New York (do not confuse with Dominican-York), who claims to be Sofia Vergara's long lost daughter and who has an unhealthy obsession with JLo. Associate Editor of Latin Times, overseeing the editorial operation and content strategy of the website. Trained journalist and musical theater performer with solid entertainment instincts. Experience covering human interest

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